



April 13

- 8:00 a.m. **Aura Floating Yoga**
La Escondida Pool
- 9:30 a.m. **Functional Training**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 2:00 p.m. **Beauty Bar Experience with Special Guest**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Special Guest**
20° 87° Terrace
- 5:00 p.m. **Energy Reset Meditation with Special Guest**
Esencia Wellness
- 6:00 p.m. **Shaman Blessing Experience**
Beach Area
- 7:00 p.m. **Aura Sunset Party**
Beach Area

April 14

- 8:00 a.m. **Energy Reset Meditation**
Esencia Wellness
- 9:00 a.m. **Cold Plunge Experience with Special Guest**
La Única
- 10:00 a.m. **Functional Training**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 1:00 p.m. **Pool Party**
20° 87° Pool
- 3:00 p.m. **HIIT Workout with Special Guest**
Nayade Terrace
- 4:00 p.m. **Aura Cooking Class with Special Guest**
20° 87° Terrace
- 5:30 p.m. **Sound Healing Session**
Beach Area

April 15

- 8:00 a.m. **Aura Floating Yoga**
La Escondida Pool
- 9:00 a.m. **Energy Reset Meditation with Special Guest**
Esencia Wellness
- 10:00 a.m. **Full Body Sculpt with Special Guest**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 1:00 p.m. **Beauty Bar Experience with Special Guest**
Esencia Wellness
- 2:00 p.m. **Functional Training with Special Guest**
Nayade Terrace
- 4:00 p.m. **Aura Cooking Class with Special Guest**
20° 87° Terrace
- 5:00 p.m. **Mindfulness Session with Special Guest**
Esencia Wellness

April 16

- 7:00 a.m. **Aura Flow Morning Yoga with Special Guest**
Beach Area
- 9:00 a.m. **Full Body Sculpt with Special Guest**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 12:00 a.m. **Functional Training with Special Gest**
Nayade Terrace
- 1:00 p.m. **Pool Party**
20° 87° Pool
- 1:00 p.m. **Energy Reset Meditation with Special Guest**
Esencia Wellness
- 3:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Special Guest**
20° 87° Restaurant
- 5:00 p.m. **Sound Healing Session**
Esencia Wellness

April 17

- 8:00 a.m. **Aura Floating Yoga**
La Escondida Pool
- 9:00 a.m. **Cold Plunge Experience with Special Guest**
La Única
- 10:00 a.m. **HIIT Workout with Special Guest**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 12:00 p.m. **Functional Training with Special Guest**
Esencia Wellness
- 2:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Special Guest**
20° 87° Restaurant
- 5:30 p.m. **Shaman Blessing Experience**
Beach Area

April 18

- 7:00 a.m. **Aura Flow Morning Yoga with Special Guest**
Beach Area
- 9:00 a.m. **Functional Training with Special Guest**
Nayade Terrace
- 10:00 a.m. **Energy Reset Meditation with Special Guest**
Esencia Wellness
- 11:00 a.m. **Aqua Spining**
20° 87° Pool
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 2:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Special Guest**
Esencia Wellness
- 5:00 p.m. **Sound Healing Session**
Beach Area

April 19

- 8:00 a.m. **Aura Floating Yoga**
La Escondida Pool
- 9:00 a.m. **HIIT Workout with Special Guest**
Nayade Terrace
- 11:00 a.m. **Aqua Spinning**
20° 87° Pool
- 12:00 p.m. **Silence Beats Spinning with Special Guest**
Esencia Wellness
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 1:00 p.m. **Pool Party**
20° 87° Pool
- 2:00 p.m. **My Skin Care by Natura Bissé**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Special Guest**
20° 87° Terrace
- 6:00 p.m. **Energy Bracelets**
Balam Bar

April 20

- 7:00 a.m. **Aura Flow Morning Yoga with Special Guest**
Beach Area
- 9:00 a.m. **Energy Reset Meditation with Special Guest**
Esencia Wellness
- 10:00 a.m. **Functional Training with Special Guest**
Nayade Terrace
- 11:00 a.m. **Aqua Spining**
20° 87° Pool
- 12:00 p.m. **Aquafitness**
20° 87° Pool
- 1:00 p.m. **Beauty Bar Experience**
Esencia Wellness
- 3:00 p.m. **Sound Healing Session**
Esencia Wellness
- 4:00 p.m. **Aura Cooking Class with Special Guest**
20° 87° Terrace
- 6:00 p.m. **Shaman Blessing Experience**
Beach Area
- 7:00 p.m. **Aura Sunset Party**
Beach Area

Restore, refresh, and reset.

20° N 87° W

UNICO
Riviera Maya